



with the evidence-based medical content trusted by clinicians

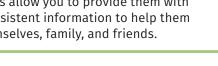
ENGAGING PATIENTS IN THEIR HEALTH CARE

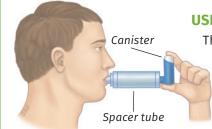
UpToDate provides more than 1,500 patient education topics that facilitate clinician-patient communication. These materials educate and promote shared decision-making based on medical evidence, clinical recommendations, and patient preference. Engaging patients in their medical care and treatment decisions often reduces costs and leads to better outcomes.

UpToDate patient articles include full-color pictures, graphics, and charts to help the reader understand his or her condition and to reinforce key messages regarding care.

By using UpToDate patient materials, clinicians ensure that the information they provide is consistent with the evidence-based content they use to make clinical decisions and recommendations.

Patients are eager for information, and UpToDate patient topics allow you to provide them with relevant, consistent information to help them care for themselves, family, and friends.





USE OF METERED DOSE INHALER

The patient holds the MDI between the thumb and index finger and closes his mouth around the spacer's mouthpiece.

Graphic 72731 Version 2.0

Basic and Beyond The Basics

TOPICS

Topics are prepared for different patient needs:

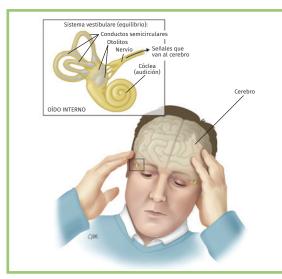
THE BASICS

- Short (1-3 page) articles written at a basic reading level
- Especially helpful for patients less familiar with the English language
- Answers to the four or five most important questions about a medical condition

BEYOND THE BASICS

- Longer (5-10 page) articles written at a more advanced reading level
- · Detailed information and some medical terms
- · Links to related professional topics

Clinicians can quickly review a directory of all patient topics or conduct a search on a specific topic, prioritizing the patient material before or after a search. Search in Your Own Language and the Find in *Topic* tool assist with quick retrieval of pertinent material; Print and Email icons facilitate efficient distribution.



El Sistema Vestibular

En lo profundo del oido hay una pequeña red de tubos llenos de liquido llamados "conductos semicirculares". Las membranas especiales con cristales de calcio se llaman "otolitos". Juntos, estos tubos y membranas forman el "sistema vestibular", que le indica al cerebro en qué posición se encuentra el cuerpo. También lo ayuda a mantener el equilibrio.

Gráfico 52509 Versión 5.0.es-419.2

MATERIALS AVAILABLE IN SPANISH

More than 1,000 "The Basics" patient education topics are available in Spanish to facilitate communication with Spanish-speaking patients and their families. This information is also useful when translators are involved with patient care, as clarifying translated medical terms aids accurate communication.

PROVIDING RELEVANT INFORMATION

"I appreciate the patient information provided by UpToDate. We have a very educated community and I like to provide information that is current. I know our patients will search the Internet for additional information, and I prefer to provide them with relevant information and discuss it with them in person."

Dr. Barbra Jill McCabe Medical Director, Pediatric ED and Hospitalist Services Inova Health System, Virginia

PATIENT EDUCATION MATERIAL SUPPORTS MEANINGFUL USE STAGE 2

UpToDate patient education content meets patient-specific Meaningful Use Stage 2 criteria for readability and content. Electronic Health Record (EHR) systems that track the distribution of patient-specific educational resources for unique patients can use the UpToDate topics to meet Meaningful Use Stage 2 quality measures. Topics can typically be emailed directly to the patient, viewed on a patient portal, or printed at the point of care.

Spanish-language patient education material and the ability to embed UpToDate within the EHR require an appropriate license. Please consult your UpToDate Account Manager to determine your license type and if your EHR system can use the HL7 Infobutton functionality to track the distribution of patient-specific education resources.

Contact your UpToDate Account Manager for more information.

US/Canada:

enterprise@uptodate.com or 1.888.550.4788.

All other countries:

globalsales@uptodate.com or +1.781.392.2000.

